

## DRAFT PROGRAMME FOR MHC 2016

Pre-Conference Workshops (PCW): 22nd April 2016				
1400	<b>PCW 1</b> <b>Mindfulness in Palliative Care for patients/caregivers</b> <i>(maximum 20 participants - PUBLIC)</i> <i>BUTTERFLY (30 CLASSROOM)</i> <b>Assoc Prof Tan Seng Beng</b>	<b>PCW 2</b> <b>Communication</b> <i>(maximum 30 participants - PROFESSIONAL)</i> <i>RAINFOREST (30 CLASSROOM)</i> <b>Dr Richard Lim/Dr Jaishree</b>	<b>PCW 3</b> <b>Spirituality/Pastoral Care</b> <i>(PUBLIC and PROFESSIONAL)</i> <i>LADYBIRD (50 CLASSROOM)</i> <b>Simon Le Brooy (TBC)</b>	<b>PCW 4</b> <b>Complementary therapies 1</b>  <b>Dr Leonie Zadow / Dr Lalitha</b>
1530	<b>BREAK</b>			
1600	<b>PCW 5</b> <b>Caring practicalities and planning (physical care for caregivers)</b> <i>(maximum 40 participants - PUBLIC/PROFESSIONAL)</i> <i>LADYBIRD</i> <b>Dr Loh Ee Chin</b>	<b>PCW 6</b> <b>Palliative Care Essentials</b> <i>(maximum 30 participants - PROFESSIONAL )</i> <i>RAINFOREST (30 CLASSROOM)</i> <b>Dr Felicia Chang/Dr Michael Yoong</b>	<b>PCW 7</b> <b>Maximising care in resource limited settings</b> <i>(maximum 30 participants - PROFESSIONAL)</i> <i>BUTTERFLY (30 CLASSROOM)</i> <b>Dr Suresh Kumar &amp; ?Harre Haren</b>	<b>PCW 8</b> <b>Complementary therapies 2</b>  <b>Dr Leonie Zadow / Dr Lalitha</b>
1730	<b>CLOSE</b>			

**Speaker Rest room - GREEN ROOM**

**Day 1: 23<sup>rd</sup> April 2016**

0730	<b>REGISTRATION</b>		
0830	<b>KEYNOTE ADDRESS – Palliative Care is Everyone’s Business (LOTUS 1+2)</b> Dr Cynthia Goh		
0910	<b>PLENARY 1 – Needs of Palliative Care in Malaysia (LOTUS 1+2)</b> MHC / Dr Richard Lim		
0950	<b>OPENING CEREMONY</b> (YBMK)		
1020	<b>TEA BREAK / FREE TIME</b>		
1040	<b>SYMPOSIUM 1</b> <b>COPING WITH A SERIOUS ILLNESS (LOTUS 1)</b> <b>1. Bad news and collusion - consequences.</b> <b>( Shh...Please don’t tell him/her)</b> Dr Fazlina Ahmad  <b>2. Ordinary people doing (extra)ordinary things – volunteers</b> (Madeleine)  <b>3. Morphine - truths and myths (Morphine- Wow!/ Wah!/ Aiyo! So Scary! - the truths and myths)</b> Dr Loh Ee Chin	<b>SYMPOSIUM 2</b> <b>SYMPTOM MANAGEMENT 1 (LOTUS 2)</b> <b>1. Improving pain management for everyone</b> Dr Mary Cardosa  <b>2. Pleural effusions and ascites: collaborative care</b> Dr Yeat Choi Ling  <b>3. Malignant bowel obstruction – making the right decisions</b> Dr Ghauri Agarwal	<b>SYMPOSIUM 3</b> <b>NURSING SYMPOSIUM 1 – BM 1 (LADYBIRD)</b> <b>1. Rawatan gejala sesak nafas</b> Dr Aaron Hiew  <b>2. Rawatan paliatif paediatrik</b> Dr Fahisham  <b>3. Rawatan paliatif untuk pesakit ESRF</b> Dr Sheriza Izwa
1210	<b>LUNCH SYMPOSIUM / VIDEO</b> ?Silent Mentor, or video, or music  Will Writing - speaker ?Kenny (TBC)	<b>LUNCH SYMPOSIUM</b> <b>Opioid rotation – what is the role and how do I choose</b>  Dr Richard Lim	

1330	<b>SYMPOSIUM 4</b> <b>MULTIDISCIPLINARY CARE</b> <b>1. Physiotherapy in advanced illness – what can it do for me?</b> Ann (UMMC) <b>2. Home planning and living – Occupational Therapy</b> Mr Thilainathan <b>3. Where is the money!?! (Statutory benefits - SOCSO)</b> (TBC)	<b>SYMPOSIUM 5</b> <b>SYMPTOM MANGEMENT 2</b> <b>1. The simple things I can do</b> Dr Rosalie Shaw <b>2. Venous thromboembolism: should this be managed more pro-actively in palliative care patients?</b> TBC (Haematologist) <b>3. Mind-body interventions for relieving breathlessness</b> ( Help! I can't breathe! Take my breathe away) Dr Leonie Zadow	<b>SYMPOSIUM 6</b> <b>NURSING SYMPOSIUM 2 – BM 2</b> <b>1. Diploma Lanjutan Rawatan Palliatif</b> Matron Vimala <b>2. Isu-isu etikal pada akhir hayat</b> Diana Katiman <b>3. Hospice nurse survival skills</b> (Rahmawati – Hospice Klang)
1500	<b>SYMPOSIUM 7</b> <b>ETHICAL CHALLENGES/CONTROVERSIES</b> <b>1. Who decides what happens?</b> Dr Lam Chee Loong <b>2. “If you don’t feed him, he will die!”</b> Dr Loh Ee Chin <b>3. Rights and wrongs - a medical perspective</b> Dr Leonie Zadow	<b>SYMPOSIUM 8</b> <b>END OF LIFE CARE</b> <b>1. Dying at home or hospital - what would you prefer?</b> Dr Jaishree <b>2. How invasive is appropriate in palliative care?</b> Dr Ghauri Aggarwal <b>3. Crises at the end of life</b> Dr Hayati Yaakup	<b>FREE PAPERS</b>
1630	<b>TEA BREAK</b>		
1650	<b>PLENARY 2 – Community Care Models (LOTUS 1+2)</b> Dr Suresh Kumar		
1730	<b>PANEL DISCUSSION/HOSPICE Q&amp;A</b>		

**Day 2: 24<sup>th</sup> April 2016**

0830	<p><b>SYMPOSIUM 9</b> <b>COMMUNICATION</b></p> <p>1. Doctor-patient communication – what to ask your doctor, and what doctors want you to know Dr Caryn Khoo</p> <p>2. Failing to plan, planning to fail (ACP) Dr Edward Poon</p> <p>3. Discussing Spirituality in Palliative Care (TBC)</p>	<p><b>SYMPOSIUM 10</b> <b>ONCOLOGY</b></p> <p>1. Maximising benefits, minimising side effects: Palliative Oncological Treatments Dr Tho Lye Mun</p> <p>2. When to give and when to stop (oncological treatment) Dr Marniza/Fuad</p> <p>3. Supportive care in Oncology Dr Cynthia Goh</p>	<p><b>SYMPOSIUM 11</b> <b>PAEDIATRIC PALLIATIVE CARE</b></p> <p>1. Paediatric palliative care – needs, achievements and where are we going (TBC)</p> <p>2. Palliative Care in Paediatric Neurology Dr Khoo Teck Beng</p> <p>3. Communicating serious issues with children – what would you say? Dr Lee Chee Chan</p>
1000	<b>BREAK</b>		
1010	<p><b>SYMPOSIUM 12</b> <b>CARING AND COPING</b></p> <p>1. Caring for a loved one – what can I do? (Relative) 2. Caregiver essentials - practical preparations Dr Michael Yoong/Dr Felicia Chang</p> <p>2. The Tibetan Book of Living and Dying (TITLE TBC) Assoc Prof Tan Seng Beng</p>	<p><b>SYMPOSIUM 13</b> <b>PSYCHOSOCIAL CARE</b></p> <p>1. Physician, heal thyself (Self-care and burnout) ( I am tired, i need care too) Dr Siow Yen Ching</p> <p>2. Four things that matter most Dr Khoo Boon Hock</p> <p>3. Mindfulness based supportive therapy Prof Zuraida</p>	<p><b>SYMPOSIUM 14</b> <b>EDUCATION</b></p> <p>1. Palliative care education in Singapore Dr Edward Poon</p> <p>2. PPCS - experiences from Ipoh PPCS</p> <p>3. Teaching and learning palliative care Dr Sylvia McCarthy</p>
1140	<b>TEA BREAK</b>		
1200	<p><b>PLENARY 3 – Whole person care</b> Dr Ednin Hamzah</p>		
1240	<p><b>PLENARY 4 – Care and Standards/What I aspire to</b> Dr Rosalie Shaw</p>		
1320	<b>CLOSING – PUBLIC FORUM</b>		